

Brabourne Newsletter



Opus Care
Ltd

We support and enrich resident's lives throughout your stay with us.

THIS ISSUE

Trip update
September news
Competition
Gardeners corner
Birthday Celebrations
Employee focus
London Marathon

Trips and Activities

We're delighted to be able to plan for our external activities groups to visit the centre again.

We'll have a full programme for focus days and for visitors from our friends who give interesting talks or bring their therapy pets to visit, as well as outings to local places of interest. Life is getting back to normal...

Our weekly activities will be posted to your room for you to consider and enjoy.

Autumn News

As the crops are cut in the fields and fruits are harvested here's an Autumn poem to reflect upon

Harvest Festival Month

Harvest is a time of sharing and peace
Autumn colours create their masterpiece
Reaping the rewards of perfect weather
Vegetable and fruit we gather together
Everyone thankful for nature's good work
Scooping handfuls of leaves falling from trees
Time to embrace the harvest taste

Genevieve's Message

We're delighted to welcome new staff to our Opus Care family.

Recently joining us at Brabourne Care Centre we welcome:

Yamuna Rai – community lead
Suchitra Gurung – HCA
Justy Vanhese – kitchen asst
Grace Emmanuel - HCA

COMPETITION

Hand your answers into reception and our winner will receive a basket of delicious fresh fruit.

Sticking with our Autumn harvest theme, can you unscramble these letters to make 5 apple varieties.

ABBRUNER

SHONC ERIPY.....

RANNSY MIGHT.....

COSI POPNPI RANGEX.....

SCOIVEDRY.....

Gardener's Corner

Signs of Autumn have started with crab apples falling and some early leaves starting to turn. It might seem like time to hunker down and I'll be preparing the beds for more planting next year by covering soil with rich compost and some weedy areas with a 'black out' layer to prevent regrowth. The rich autumn colours are just as enjoyable to see, even when they're on the ground.

Unusually for September its Chelsea Flower Show time and they are delighting us with displays of flowers that are in their glory at the moment, Asters, Penstemons, Salvias and Dahlias and as a year of firsts they'll be showcasing pumpkins and balcony gardens.

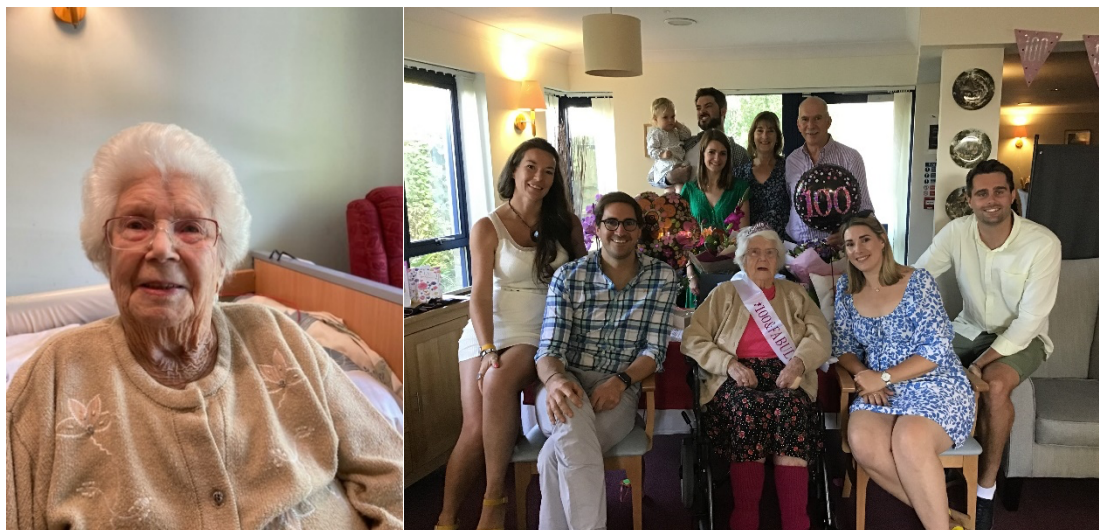
Furry Visitors who joined us this month

Flopsy and Mopsy joined residents for carrots and cuddles!



100 and Fabulous!

Patricia Dilnot-Smith celebrated her centenary birthday with visits from family and friends on 18th and 19th September. Patricia has lived in Kent all her life, born in Borough Green she also lived in Sandwich, helped her brothers who built flying boats in Rochester and was married to Ernie for 60+ years. Having 3 boys was a full time job but she also worked at a local farm fruit picking and ran a local youth club for over 15 years, enjoying a trip to Russia on a youth leadership course. Here's to many more celebrations



What's in a name?

Patricia as a girl's name is of Latin origin meaning 'noble or patrician'. It is a feminine form of Patrick. The Romans were divided socially and politically into two major classes, the plebians and the patricians. To be a patrician meant one was highly ranked, an aristocrat.

Famous Patricia's include Patricia Phoenix who played Elsie Tanner in Coronation Street and Patricia Routledge as well as author Patricia Cornwell. Also born in 1921:

Funny men Harry Secombe and Tommy Cooper

Actresses Lana Turner and Jane Russell, Actors Dirk Bogarde, Peter Ustinov and Charles Bronson

Donald Campbell boat and land racer, Sam Cook English cricketer

More birthday celebrations



Joyce Dumke 88yrs



Daphne O'Hara 81yrs



Daphne Waters 89 yrs young

Employee Focus

Today we are turning the spotlight on our most warm and welcoming host, Maureen. We are daring to delve by asking the questions we all want to know, but were too shy to ask?



Q: How do you like to start the day? Full English or a fruit salad?

Maureen: I'm not really a breakfast person but if I'd have to choose it would have to be the full English!

Q: What thing can you not bear to be without?

Maureen: A book. I always have a book.

Q: Who would play you in the movie of your life?

Maureen: Kerry Washington

Q: What three words would your friends use to describe you?

Maureen: Kind, Crazy, Intelligent

Q: Tom Jones or Barry White?

Maureen: Barry White, I don't know who Tom Jones is.

Q: Are you an owl or a lark?

Maureen: Definitely owl, not a morning person

Q: What's the thing you most enjoy about your job?

Maureen: The people we interact with and the relationships we create with you, your families and friends and the team we work with.

We'd all like to thank Maureen for the warmth and genuinely caring reception she shows to all our visitors, friends and families.



Virgin Money London Marathon

This iconic race will finally be taking place on Sunday 3rd October and will be the largest marathon ever organised.

Delayed by 889 days due to Covid-19 but now promises to be bigger and better with 50,000 runners on the course and 50,000 runners taking part on their own terms anywhere around the world in a 'virtual' event.

There will be celebrities to spot and elite runners looking for a personal best but most inspiring will be the spirited runners who are taking part for charity. Dressed in weird and wonderful costumes, like rhinos, buildings, telephones and tigers, it's the atmosphere that sees most people through the pain barrier of their 26.2 mile run.

The oldest runners taking part this year are Ken Jones 88yrs and Eileen Noble 87yrs.



Join us to cheer everyone on in the lounges on Sunday.