

Brabourne Newsletter



Opus Care
Ltd

We support and enrich resident's lives throughout your stay with us.

THIS ISSUE

Latest news

Burns Night
Remember 1972
Queens Jubilee
Staff Focus

Photo Gallery

Lots to enjoy over coming weeks, Burns Night, National Chocolate Cake Day, Puzzle Day and RSPB Bird Watching weekend

Friends and family can follow our news and events on our Facebook page
[@brabournecarecentreKent](#)

January Jest



National Days

Burns Night 25th January

National Puzzle Day 29th January

Chocolate Cake Day 27th January

RSPB Bird watching 28-30
January

National Storytelling week 28/1

Chinese New Year 1st February

Valentines Day 14th February



Burns Night

Rabbie Burns Birthday is celebrated on 25th January by Scots far and wide. He is remembered for his poetry, the most famous Auld Lang Syne sung on New Years' Eve but also for his theme of good health and the approach of making everyday count.

We're delighted to be joined by a piper in the garden on the morning of this day to share some moments together and delicious homemade shortbread.

Listen out for him at 11.45am

Slainte Mhath! - Pronounced '*Slanj-uh va*'
Or *Good Health* in Gaelic

'John Anderson My Jo'

One of Burns' finest love poems or love songs, 'jo' is slang for 'sweetheart', and the speaker of the poem is a woman addressing her ageing husband, reassuring him that although his hair may be greying (what remains of it), he is still her 'jo' and they will go 'hand in hand' together through life.

John Anderson, my jo, John,
When we were first acquaint;
Your locks were like the raven,
Your bonie brow was brent;
But now your brow is beld, John,
Your locks are like the snaw;
But blessings on your frosty pow,
John Anderson, my jo ...

Remember 1972

We thought it would be fun to look back 50 years to what we were all doing in 1972.

Some things have changed beyond all recognition, others stay the same. Highlights from 1972

- Number 1 in the hit parade were the New Seekers with the classic song "I'd Like to Teach the World to Sing"
- Ted Heath was Prime Minister and that year he signed the treaty taking the UK into the EEC (European Economic Community), later the EU.
- We were plunged into darkness as strikes by the National Union of Coalminers began the three-day week which was to become synonymous with the decade.
- It was the year that brought us the new quiz show Mastermind as well as:
Newsround
Thunderbirds
Black Beauty
Colditz
Upstairs Downstairs
Cinemas saw the release of some classic movies including The Godfather, and Cabaret starring Liza Minelli.
- 1972 started the reign of the Ford Cortina as the top selling car followed by the Ford Escort, the Morris Marina and Vauxhall Viva.



Cont'd

- As a treat, you would have tucked into black forest gâteau, chicken in a basket, and cheese and pineapple on sticks at every party you went to, all washed down with a glass of sparkling Baby Cham or, for the beer drinkers, a pint of Watneys, Double Diamond or maybe even a Party 7!



- FA cup winner that year was Leeds United and the UK Olympic team did us proud by winning 4 golds in Munich.

With the winter Olympics scheduled this year as well as our Queens Platinum jubilee, we can look forward to exciting times ahead.

Queens Jubilee

Official celebrations have started to celebrate 70yrs on the Throne

Fortnum and Mason have launched a Platinum Pudding Competition to find a dish to dedicate to the Queen's 70 years on the throne. Recipes will be judged by a panel including Dame Mary Berry.

It will provide a long lasting reminder alongside the Queen's Green Canopy initiative.

From May 12 – 15 more than 500 horses and performers are expected to take part in a show on the grounds of Windsor Castle, which will take the audience through history from Elizabeth 1 to the present day.



Staff Focus – Karen our green fingered plant pot genius

Q: Do you prefer Begonias or the humble Geranium

A: I am a fan of the humble Geranium over the Begonia. You are spoilt for choice with colour, I like to mix them up as long as there are plenty of pinks. I love the variegated leaves and the double headed blooms. They are prolific bloomers and cope with rain and drought, which is a bonus! They are easy to dead head and I love the smell or should I say scent?

Q: What gives best value for money?

A: I think Geraniums give the best value for money, if you can keep them frost free in the winter they will go on and on.

Q: What's your favourite flower combination?

A: I don't really have a favourable flower combination, if I like something I plant it, I'm not always very good at getting things in the right spot first time, plants often find themselves being re-shuffled, waking up with a different view of the garden.

Q: What flower are you associated with?

A: My star sign is Libra ♎ When I looked up my birth flower, of all the wonderful wild flowers there are, I am a Marigold ! Orange is not my favourite colour but I do grow Marigolds most years, they are dependable, hardy and low maintenance, so maybe there is a resemblance!

Q: what are your ideas in the garden for 2022?

A: Plenty of blooming pink geraniums 🌸

Plant a rose to commemorate the Queen's Platinum Jubilee. The Queen Elizabeth II rose bush has been especially produced, it's beautiful and it's pink !

Plant more to encourage the bees 🐝 have a bee theme going on around the garden.

6, My best tips are, keep your plants well fed and watered, talk to them every day, and do the occasional rain dance, they much prefer rainwater to tap water 💧

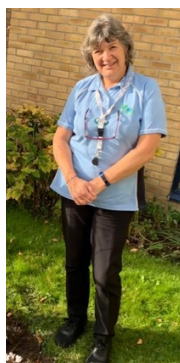


PHOTO GALLERY

