

Brabourne Newsletter

We support and enrich resident's lives throughout your stay with us.



THIS ISSUE

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March starts to bring us longer and warmer days.
Clocks 'spring forward' on the 27th of March

Friends and family can follow our news and events on our Facebook page
[@brabournecarecentreKent](#)

February Jest

Why did the man get fired from the calendar factory?

He took a few days off February and thought no-one would notice



National Days

1st March – Shrove Tuesday

17th March St Patricks Day

27th March Mother's Day

Platinum Jubilee Party

We'll be hosting our own Queens Platinum Jubilee celebrations in June.

Share your stories of previous jubilees with our activities team. Can you find old photos or newspaper cuttings?

Snowdrops



February brings the emerging snowdrops into view, we'll be lifting some from our personal garden 'in the green' and trying them in Brabourne to see if they'll be happy here too.

To A Snowdrop Poem by William Wordsworth

To A Snowdrop

*Lone Flower, hemmed in with snows and white as they
But hardier far, once more I see thee bend
Thy forehead, as if fearful to offend,
Like an unbidden guest. Though day by day,
Storms, sallying from the mountain-tops, waylay
The rising sun, and on the plains descend;
Yet art thou welcome, welcome as a friend
Whose zeal outruns his promise! Blue-eyed May
Shall soon behold this border thickly set
With bright jonquils, their odours lavishing
On the soft west-wind and his frolic peers;
Nor will I then thy modest grace forget,
Chaste Snowdrop, venturous harbinger of Spring,
And pensive monitor of fleeting years!*



William Wordsworth

Volunteer Focus

We are lucky to have the lovely Matthew joining us on a weekly basis, he's an asset to our team and we're very happy to support him in his journey into the medical profession.

Hi I'm Matthew and I'm in Year 13 at Norton Knatchbull School and I take A level physics, chemistry and biology. For GCSE I also studies computing, art, Spanish and geography. If you are wondering about the big school next door, my absolute favourite thing about it is the teaching staff - all of my teachers are exceptional and excel at what they do, especially the support they invest in students' learning.

I am currently applying to university to study medicine. I managed to arrange my work placement in the 2021 summer, just before the end of Year 12. Brabourne Care Centre is right next-door to my school and one day when I was walking I plucked up the courage to go and ask if any volunteering places were available. After speaking to the lovely Maureen, I was able to secure an application form and it's been smooth sailing since!

If I was to describe my skills, I'd say a lot of people think I'm a good listener. I think that's why I enjoy interacting with our wonderful residents, and getting to understand their needs. Having never experienced working in any medical environment, it has been so interesting to find out what goes on day-to-day. At BCC, I've been able to see exactly how a persons' health can change and affect them in different ways.

In my spare time, I like to play music - I play the piano and clarinet. I also enjoy reading.

Thank you all for making me so welcome in your home and I am looking forward to spending more time with you over the coming months.

Best wishes

Matthew



Quiz 1960s theme

Find the answers at the bottom of the page

1/ Which famous boxer in 1964 changed his name from Cassius Clay to?

2/ Which president in the USA started the space race with the Soviet Union?

3/ Who was the first man to walk on the moon in 1969?

4/ In 1963 Martin Luther King Jnr gave a memorable speech at the Lincoln Memorial on the steps what was the name of the famous speech?

5/ Who did John F Kennedy defeat in 1960 to win the presidential election?

6/ What year was the famous Woodstock Festival held?

7/ In 1967 Dr Christian Barnard performed the first transplant of what human organ in South Africa.

Shrove Tuesday will be held on 1 March 2022.

Shrove Tuesday sometimes referred to as Pancake Day is a Christian celebration held every year 47 days before Easter Sunday and the day before Ash Wednesday.

Traditionally on Shrove Tuesday, it is your chance to use your extra flour, eggs, sugar, butter to make a large number of pancakes, to prepare for the fasting ahead.



Quiz Answers

1/ Muhammed Ali 2/ John F Kennedy 3/ Neil Armstrong 4/ I have a dream 5/ Richard Nixon 6/ 1969 7/ Heart

SPECIAL EVENT

Parkinson's UK South East Research Interest Group SERIG

We are delighted to announce that Brabourne resident Lee Todd will launch the South East Research Interest Group website for Parkinson Disease UK on March 8th at the next SERIG meeting which will be hosted at our home.

Huge congratulations to Lee for all his hard work in creating this site. More news to follow

Photo Gallery

